

3M™ E-A-R™ Push-Ins™ Earplugs

Technical datasheet



Product description

The 3M™ E-A-R™ Push-Ins™ Earplugs are designed for insertion into the ear canal to help reduce exposure to hazardous levels of noise.

Available with a cord or uncorded. They may be used for protection against high noise environments, providing effective protection across all test frequencies.

Key features

- ▶ The 3M™ E-A-R™ Push-Ins™ Earplugs can be fitted using one hand or two hand fitting methods. SNR 35dB for two hand fitting method and SNR 31dB for one hand fitting method. See attenuation table for full details
- ▶ Semi flexible stem helps easy insertion and removal
- ▶ The eartip is made from 3M™ E-A-Rform™ which has a smoother skin surface than our other foam eartips
- ▶ The soft foam eartip shape and size moulds to the users ear canal for improved comfort and extended wearability
- ▶ No roll-down required, which helps to keep the earplug clean during fitting
- ▶ Compatible with the 3M™ E-A-Rfit™ Dual-Ear Validation System
- ▶ 3M™ E-A-R™ Push-Ins™ Earplugs – corded (EX-01-020) and uncorded (EX-01-021)

Standard and approval

This product is in compliance with appropriate Directives or Regulations to fulfill the requirements for the CE and/or UKCA marking.

The full text of the Declaration of Conformity is available at the following internet address:
www.3M.com/hearing/certs



Materials

The following materials are used in the manufacture of this product.

Earplugs	Polyurethane foam
Stem	PVC
Cord	PVC

Important notice

Product Selection and Use: Many factors beyond 3M's control and uniquely within user's knowledge and control can affect the use and performance of a 3M product in a particular application. As a result, customer is solely responsible for evaluating the product and determining whether it is appropriate and suitable for customer's application, including conducting a workplace hazard assessment and reviewing all applicable national and/or European regulations and standards. Failure to properly evaluate, select, and use a 3M product in accordance with all applicable instructions and with appropriate safety equipment, or to meet all applicable safety regulations, may result in injury, sickness, death, and/or harm to property.

Warranty, Limited Remedy, and Disclaimer: A limitation of liability applies to the 3M product(s). For warranty statement and limitation of liability, refer to your supply agreement or the 3M terms & conditions of sale.

3M industrial and occupational products are intended, labeled, and packaged for sale to trained industrial and occupational customers for workplace use.

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Version 3

This version is the sole document applicable to the product(s) since its date of publication April 2023.

Nominal size range

Smallest fitted: 7 mm
Largest fitted: 12 mm

Attenuation values (corded and uncorded)

Two hand insertion method

	Frequency (Hz) <i>f</i>								H	M	L	SNR
	63	125	250	500	1000	2000	4000	8000				
Mf (dB)	35.5	31.3	35.3	36.5	35.7	37.8	39.4	40.4	37.6	36.2	35.3	38
Sf (dB)	5	4.4	5	4.9	4.2	4.5	3.2	3.9	3.4	3.9	4.3	3.5
APVf (dB)	30.5	26.9	30.3	31.6	31.5	33.3	36.2	36.5	34	32	31	35

One hand insertion method

	Frequency (Hz) <i>f</i>								H	M	L	SNR
	63	125	250	500	1000	2000	4000	8000				
Mf (dB)	30.3	27.9	31.6	31.4	32	36.1	37.9	38.9	35.2	32.4	31.2	34.7
Sf (dB)	5.7	4.6	4.3	5.2	5.2	3	4.6	5.1	3.2	4.2	4.2	3.6
APVf (dB)	24.6	23.3	27.3	26.2	26.8	33.1	33.3	33.8	32	28	27	31

Key:

f = Test frequency

Mf = Mean attenuation value

Sf = Standard deviation

APVf (Mf - Sf) = Assumed Protection Value

H = High-frequency attenuation value

(predicted noise level reduction for noise with LC – LA = -2dB)

M = Medium-frequency attenuation value

(predicted noise level reduction for noise with LC – LA = +2dB)

L = Low-frequency attenuation value

(predicted noise level reduction for noise with LC – LA = +10dB)

SNR = Single Number Rating (the value that is subtracted from the measured C-weighted sound pressure level, LC in order to estimate the effective A-weighted sound pressure level inside the ear)

Information on Shelf life and service life can be found in the User Instructions.